

**VOCABULARY | Sports and fitness - Part 1**

*REMEMBER: Several responses might be acceptable - choose the **best** one:*

1. To go to the gym = To \_\_\_\_\_  
a) work on something   b) work out   c) practice muscles
  
2. He's not an \_\_\_\_\_ person. He just sits in front of the TV all the time.  
a) outer   b) acting   c) active
  
3. I like to \_\_\_\_\_ on weekends.  
a) go swimming   b) get swimming   c) swimming
  
4. A person who plays sports on a professional level is referred to as a professional \_\_\_\_\_.  
a) sportscaster   b) athletic   c) athlete
  
5. Paulina is really \_\_\_\_\_ ( = really loves) tennis. She plays every weekend.  
a) into it   b) into   c) fan
  
6. Let's \_\_\_\_\_ a run!  
a) go make   b) go at   c) go for
  
7. Are you \_\_\_\_\_ already? You should exercise more!  
a) out of breath   b) out of practice   c) outside
  
8. Sure, I'll play basketball with you, but ☐☐ I'm a little \_\_\_\_\_ ( = I haven't played in a while), so you'll probably win.  
a) out of reach   b) out of practice   c) out of time
  
9. In sports, what does it mean to "beat" another team? (eg. Italy beat France in the World Cup)  
a) to win   b) to lose   c) to fight
  
10. If you start working out again after a long break, you will probably get muscle \_\_\_\_\_.  
a) crepes   b) cramps   c) hurt

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**ANSWERS:**

1) b 2) c 3) a 4) c 5) b 6) c 7) a 8) b 9) a 10) b