



This school year is unprecedented.  
Here are some tips to help everyone be successful!

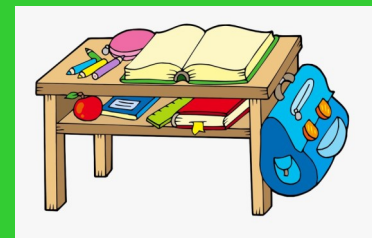
## How to Help Your Child Succeed at Distance Learning

Sit down one on one with your child to establish expectations, identify any concerns and discuss what motivates them. This is a two way conversation. Listen and share honestly to create a plan for success together.



With your child's help, create an "academic" space to help them focus. Keep it neat and organized.

Help your child create a daily "to-do" list following their school schedule. Be sure to include organizing papers & assignments and keeping their learning area tidy. Include also a task to take a break and move around when not in class.



Get ready for school each day. Get out of their PJs and into real clothes. It helps get the brain ready to learn.



Reach out to the teacher!  
The parent—teacher—student relationship is vital for success. Let the teacher know if you or your child needs help!  
Stay informed at [bellevonarea.net](http://bellevonarea.net)



Schedule Screen Free time each day.

**Have Patience**

**with yourself, your child, teachers & schools.**

**We are BVA Strong!**