

TRAUMA RESOURCES AND COUNSELING SUPPORTS

If you or your child need counseling assistance, please contact one of these resources:

GRIEF AND LOSS RESOURCES

The Caring Place (Highmark): Pittsburgh, PA: 888-224-4673

Western Psych Hospital (WPIC) – Survivors of Suicide: Kelly Monk 412-246-5796

Ray of Hope: 1-800-836-6010

Loved Ones Stolen by Suicide – L.O.S.S.- in Greensburg 724-834-6351

TRAUMA RESOURCES

The Crisis Response Center (24 hours/7 days a week): 1-800-836-6010 or 724-832-4465

Blackburn Center (Victims of violence/crime) – Greensburg: 888-832-2272

STARRS Program (Sexual Trauma): Charleroi Office: 724-229-5007

Allegheny General Hospital Center for Traumatic Stress: 412-330-4328

UPMC STAR Clinic (Services for Teens At Risk) (at WPIC): 412-624-2100

Jefferson Hospital Outpatient Clinic: 412-267-6900

Trauma Training/Westmoreland Co. Juvenile Probation

Stacey Pastor or Gary Lewis: 724-830-1816

GENERAL COUNSELING ASSISTANCE

SPHS: Southwestern PA Human Services, 301 Donner Ave., Monessen: 724-684-6489

The Counseling House: 611 Broad Ave., Belle Vernon: 724-929-3435

WCSI: Westmoreland Case Management Services: 724-837-1808

Washington, PA (Kate Thompson, LPC): 724-255-7521

The SPHS Care Center: 351 Beau St., Washington: 724-228-2200

Chestnut Ridge in Uniontown, PA: 724-437-0729

Washington Communities: 378 W.Chestnut St., Washington, PA: 724-225-6940

Mercy Behavioral Health – Allegheny County: 412-320-2374

Additional Fayette, Allegheny, and Washington County Resources also follow.

Crisis Hotlines



Allegheny County
Information/Referral/Emergency Services
412-350-4457 24-Hour service
for help with MH/MR/D&A emergencies.
www.alleghenycounty.us/dhs

re:solve Crisis Network
1-888-7YOU-CAN or 1-888-796-8226
Answers 24 hours per day for emergency mental
health counseling and access to mobile mental
health assistance, walk-in service available.
www.upmc.com/services/resolvecrisisnetwork

Area Agency on Aging Protective Services
412-350-6905 or 1-800-344-4319
24-Hour hotline to report abuse, exploitation and
neglect of older adults. Also assists with issues
involving self-neglect and abandonment.
www.alleghenycounty.us/dhs/olderadultprotection.aspx

Pittsburgh Action Against Rape
1-866-363-7273
24-Hour crisis intervention, counseling
and advocacy for victims of sexual assault.
www.paar.net

Domestic Violence
Alle-Kiski HOPE Center
1-888-299-HOPE or 1-888-299-4673
www.akhopecenter.org

Crisis Center North
412-364-5556
www.crisiscenternorth.org

**Woman's Center and Shelter of
Greater Pittsburgh** - 412-687-8005
www.wcpspittsburgh.org

Center For Victims
412-678-4616
1-866-202-5573
www.centerforvictims.org

Womanspace East, Inc.
412-765-2661
<http://www.wseinc.org/>

**24-Hour Hotlines to Reporting of
Child Abuse and Neglect in Pennsylvania**

ChildLine- 1-800-932-0313
Allegheny County DHS Office of Children,
Youth and Families - 412-473-2000

More details about child protective services:
www.alleghenycounty.us/dhs/childprotection.aspx

Center for Victims
412-392-8582
24-Hour support and crisis intervention,
advocacy and counseling for individuals,
communities, schools and the workplace.
www.centerforvictims.org

Helpline at United Way
2-1-1 or 412-255-1155
Information & referral services
providing problem solving and
referrals to over 8500
health and human services.
www.unitedwaypittsburgh.org

Family Resources Warmline
412-641-4546
1-877-WARMMLYN or 1-877-927-6596
Confidential supporting telephone
counseling for any non-medical
parenting concern.
www.familyresourcesofpa.org

S.A.N.E. (Sexual Assault Nurse Examiner)
412-999-5034
24 hour hotline for confidential
Examination that will collect and
Preserve evidence. Compassionate
counseling and advocacy for victims of
sexual assault.
www.prcsh.org

Updated September 2013
www.alleghenycounty.us/dhs/i-r.aspx



CRISIS/EMERGENCY ASSISTANCE SERVICES

American Red Cross

Information and resources during crisis: CPR classes: Blood Bank Collection

2801 Liberty Avenue Pittsburgh, PA 15222
888-217-9599



Bread of Life Tabernacle

15 Bouquet Street Uniontown, PA 15401
724-438-4882

Catholic Charities

Provides pregnancy and adoption services as well as offers individual, family and marital counseling. Also a comprehensive information and referral service.

711 East Pittsburgh Street Greensburg, PA 15601
724-439-3531 1-866-409-6455
www.dioceseofgreensburg.org

Children and Youth Services CYS

130 Old New Salem Road Uniontown, PA 15401
724-430-1283

City Mission - Living Stones

Provides for the needs of Fayette County's homeless people

155 North Gallatin Avenue Uniontown, PA 15401
724-439-0201
www.citymissionfayette.org

Community Action Agency - Fayette County

Adult Ed & Job Training, Nurse Family Partnership, Aging Services, Education Services, Food Bank, Housing Opportunities, Transportation, WIC

108 North Beeson Avenue Uniontown, PA 15401
724-437-6050 Fax: 724-437-4418
www.fccaa.org

Connellsville Community Ministries

Emergency aid to homeless, abused, special needs. Disaster response to fire and storm victims. Transient assistance. Connellsville and Normalville area Food Pantry. Used clothing outlet.

110 W. Crawford Avenue Connellsville, PA 15425
724-626-1120

Crime Victims

6 Oliver Road Suite 108 Oliver Square Plaza Uniontown, PA 15401
724-438-1470 Hotline 724-437-3737

Domestic Violence Services of S.W. PA

Operates a 24 hour hotline and provides shelter for battered women and their dependent children.
724-439-9500

Dress for Success Pittsburgh - Fayette Branch

Provides professional attire for women in need. Requires a referral from the Department of Public Welfare to be eligible
82 West South Street Uniontown, PA 15401
724-437-1341 9:00 - 4:00 Monday thru Friday

Fayette County Assistance Office

Cash assistance, food stamps, provides child care, child support enforcement, medical care and energy assistance
41 West Church Street Uniontown, PA 15401
724-439-7015 1-877-832-7545
www.dpw.state.pa.us

Fayette Emergency Medical Services

Ambulance, etc.
520 West Main Street Uniontown, PA 15401
724-437-3748

Masontown Helping Hands Ministry

Thrift Store
14 South Main Street Masontown, PA 15461
724-583-1101

National Center for Missing and Exploited Children

1-800-843-5678
www.missingkids.com

Pennsylvania State Police - Fayette County

1070 Eberly Way Lemont Furnace, PA 15456
724-439-7111

Pittsburgh Poison Center

200 Lothrop Street BIR 010701 Pittsburgh, PA 15213
1-800-222-1222

Rendu Services
453 Pechin Road Dunbar, PA 15431
724-277-8680
www.renduservices.org

Salvation Army
32 West Fayette Street Uniontown, PA 15401
724-437-2031

Saint Vincent DePaul Store
Used clothing and emergency crisis
70 North Mt. Vernon Avenue Uniontown, PA 15401
724-439-9188

Unemployment Compensation
1-888-313-7284 1-888-334-4046 TTY

COUNSELING / DISABILITY / MENTAL HEALTH SERVICES

ACS Psychological Associates
136 East Fayette Street Uniontown, PA 15401
724-438-2342
www.acspsych.net



Association for Retarded Citizens
Community resource provider of home, community and facility based services with particular emphasis on individuals with disabilities and their families
80 Old New Salem Road Uniontown, PA 15401
724-438-8416 1-866-438-9042 TTY 724-438-9041
www.arcfayette.org

Axiom Family Counseling Services
630 Cherry Tree Lane Uniontown, PA 15401
724-439-0308
<http://www.axiomfamilycounseling.com>

Chestnut Ridge Counseling Services, Inc. CRCSI

Comprehensive behavioral health services

100 New Salem Road, Suite 116 Uniontown, PA 15401

724-437-0729 724-437-1003 (Crisis)

www.crcsi.org

Connellsville Counseling & Psychological Services

416 Pittsburgh Street Connellsville, PA 15425

724-626-8420

Crosskeys Human Services

A voluntary live-in program designed to help people overcome his/her mental and psychiatric disorders and become productive members of society

123 Brownsville Avenue Brownsville, PA 15417

724-785-6502

23 South Gallatin Avenue Uniontown, PA 15401

724-438-3756

www.crosskeyshumanservices.org

Down Syndrome Center of Western PA

Information/Special Needs Services for Down Syndrome Children

4401 Penn Ave. Pittsburgh, PA 15224

Phone: 412-864-8580

www.chp.edu/CHP/downsyndrome

Easter Seal Society of Western PA

Provides speech, language & hearing screenings, evaluations, therapy and consultations

P.O. Box 894 Uniontown, PA 15401

724-437-4047

Education Law Center

Make sure that all children have access to school/school programs. Provide families information about education laws/policies; Improving schools

702 Law & Finance Building 429 Fourth Avenue Pittsburgh, PA 15219

412-258-2120 www.elc-pa.org

Family Behavioral Resources

8 Oliver Rd. Oliver Square, Suite 116, Uniontown, PA 15401
724-438-4960

Fayette County Association for the Blind

48 Bierer Lane Uniontown, PA 15401
724-437-2791



Fayette County Behavioral Health Administration

*Behavioral Health Rehabilitation Services, Crisis Intervention/Mobile
Crisis, Crisis Residential Services, Family-Based Mental Health
Services, Outpatient Services, Psychiatric Inpatient*
215 Jacob Murphy Lane Uniontown, PA 15401
724-430-1370 (724) 437-1003 24 Hour Crisis Hotline
www.fcbha.org 8:30 - 4:30

Fayette Family Connection AMI (Alliance for the mentally ill)

A support group for families and friends of people who are mentally ill
724-277-8173 (Carmella Hardy) 724-425-2427 (JaneAnn Bialecki)

Fayette Resources

*Individuals with developmental disabilities live with others of like
personalities, common interests and similar capabilities in fully stuffed
homes*

1313 Connellsville Road Lemont Furnace, PA 15456
724-437-6461

Fay-West Area C.H.A.D.D.

*A support group for parents & teachers of children with ADHD or ADD
and for adults with ADD*

P.O. Box 404 Hopwood, PA 15445
724-439-9407 724-277-8688 800-233-4050

Gayla Lafferty/Candy Gordon 3rd Thursday of each month at 7:00 pm.
at Fayette ARC located at 130 Old New Salem Rd., Uniontown

www.chadd.org

High Fidelity Wraparound Services

A team-based collaborative process for developing & implementing individualized care plans for children with behavioral health challenges and their families

724-430-4907

www.adelphovillage.org Tim Truckenmiller

Hope Network

125 Chaffee St. Uniontown, PA 15401

724-438-5520 724-437-1003 Crisis

Mental Health Association in PA MHPA

1414 North Cameron Street, First Floor Harrisburg, PA 17103

717-346-0549

www.mhapa.org

Mental Health Association of Fayette County

652 Morgantown Road Lower Level Uniontown, PA 15401

724-438-6738

Parent Involved Network PIN

A parent support and advocacy group for parents of children with severe emotional/behavioral problems

724-438-6738 Barb Keefer (Parent advocate)

**Pressley Ridge Family Based Mental Health Services
Fayette County**

The primary purpose of the Family-Based Mental Health program is to reduce the need for out-of-home placements (particularly, inpatient hospitalizations) for children with mental health diagnoses

110 Daniel Drive, Suite 9 Uniontown, PA 15401

724-430-6000

www.pressleyridge.org

Salvation Army

54 North Mt. Vernon Avenue Uniontown, PA 15401

724-438-9644

Salvation Army

300 West Crawford Avenue Connellsville, PA 15425

724-628-2010

SPHS Behavioral Health

Child care, aging programs, family planning services, primary and pediatric health care, mental health treatment and care, substance abuse treatment, homeless assistance, home health care, nutrition services, and family support services

84 N. Gallatin Avenue Uniontown, PA 15401
724-430-9710

The Stern Center for Developmental & Behavioral Health

110 South Arch Street #2A Connellsville, PA 15425
724-626-9941 877-626-9941 Fax: 724-626-2785

WJS Psychological Associates, Inc.

Serving children with autism and other behavioral disorders

99 South Pennsylvania Avenue Uniontown, PA 15401
724-430-0555 1-800-686-0767

www.wjspsychological.com

Goodwill Industries

Provider of career services for people with disadvantages

40-46 Connellsville Street Uniontown, PA 15401
724-437-9878

www.goodwill.org

I.U. #1 Local Transition Coordination Council

Assists students, age 14-16 years and older, in the transition from school to adult life and work

724-938-3241 Ext. 716

Laurel House

The residents live in a community setting where they also receive instruction & training in the areas of community mobility, recreation & daily living skills

Rear 197 West Main Street Uniontown, PA 15401
724-437-1129

www.laurelhouseinc.org

Library for the Blind and Physically Handicapped

Free library program of Braille and audio materials circulated to eligible borrowers in the United States by postage-free mail

4724 Baum Boulevard Pittsburgh, PA 15213
412-687-2440 800-242-0586

www.carnegielibrary.org/lbph

Life's Work of Western PA

Helping individuals with disabilities or other employment barriers to achieve independence and self-sufficiency

1323 Forbes Avenue Pittsburgh, PA 15219

412-471-2600 724-434-1720

www.lifesworkwpa.org

Local Interagency Coordinating Council LICC

Early Intervention Services (birth to 5 yrs old)

724-430-1370 724-852-5276

Lynn Clingan

Local Southwestern Task Force on the Right to Education

LTF

1-800-328-6481 ext. 205

Gary Vroble, Chairperson

Mothers Against Drunk Driving MADD

6 Oliver Road, Suite 108 Uniontown, PA 15401

724-438-1470

<http://www.madd.org/local-offices/pa/western-pennsylvania.html>

Pennsylvania Protection & Advocacy, Inc. PP&A

Provides protection & advocacy services to individuals with disabilities, including persons who are eligible for mental retardation services

1-800-692-7443

Pennsylvania Special Education Mediation Service

Free service to help parents, school districts or agencies resolve educational concerns for students with disabilities

1-800-992-4334 1-800-879-2301 Special Ed Consult Line

Social Security Administration Office

Provides benefits for the disabled, retired or survivors of deceased wage earners

942 Morgantown Road Uniontown, PA 15401

724-439-3544 1-800-772-1213 TTY 1-800-325-0778

8:45 a.m. - 3:45 p.m. M-F



Twin Trees Inc.

Twin Trees operates a comprehensive array of services and supports for people with developmental disabilities

2616 Memorial Blvd. Connellsville, PA 15425

724-628-5353

www.twintrees.org

Pathways of Southwestern PA

a non-profit social service agency dedicated to the development and advancement of children and adults with cerebral palsy, and other disabilities

655 Jefferson Ave, Washington, PA 15301

(724) 225-8145

<http://pathwaysswpa.org>

Verland Foundation Inc. - Fayette

Community homes and services supporting individuals with intellectual disabilities and physical challenges

40 Poplar Lane Uniontown, PA 15401

724-439-3375

DRUG & ALCOHOL

Addiction Specialists

1023 Pittsburgh Street Uniontown, PA 15401

724-437-2776

Axiom Family Counseling Services

630 Cherry Tree Lane Uniontown, PA 15401

724-439-0308

<http://www.axiomfamilycounseling.com>



Fayette County Drug & Alcohol Commission

Substance abuse treatment services

100 New Salem Road, Suite 106 Uniontown, PA 15401

724-438-3576 ext. 124

Greenbriar Treatment Center

Inpatient facility

800 Manor Drive Washington, PA 15301

724-225-9700 1-800-637-4673



Southwestern
Pennsylvania
Human
Services, Inc.

Monessen Area Office
2 Eastgate Avenue
Monessen, PA 15062
724-684-6489
Fax: 724-684-7116
www.sphs.org

Behavioral Health

Mental Health Outpatient Services

Mental Health Intake Appointments

Scheduled by calling 724-684-6489 for an initial screening

Clients will be assessed at intake for the appropriate level of care, if any, and may then be referred for individual therapy and the group services listed below in addition to psychiatric evaluations and medication management if needed.

ADULT SERVICES

Mental Health Anger Management Group

Tuesdays from 4 pm – 6 pm

Mental Health Activities of Daily Living Group

Thursdays from 12:30 pm – 2 pm

Or Fridays from 9:30 am – 11 am

Mental Health Balance Group

Second & Fourth Thursdays from 1 – 3 pm

Mental Health DBT Group

Thursdays from 2 pm – 4 pm

Mental Health Mindfulness

Mondays 9 am – 11 am

Mental Health Recovery Groups

Mondays from 1 pm – 3 pm

Or Tuesdays from 10 am – 12 pm

Mental Health Aftercare Groups

Third Monday from 12:30 pm – 2:30 pm

CHILD/ADOLESCENT SERVICES

In-school individual and group services offered at:

Belle Vernon, Charleroi, Monessen, Ringgold School Districts

Services also available in our SPHS office



Southwestern Pennsylvania Human Services, Inc.

Behavioral Health

Greensburg, PA
724-834-0420

Latrobe, PA
724-532-1700

Monessen PA
724-684-6489

New Kensington, PA
724-339-6860

CLINICAL SERVICES

MENTAL HEALTH & DRUG/ALCOHOL OUTPATIENT TREATMENT SERVICES (CHILD, ADOLESCENT, ADULT):

The provision of mental health and substance use treatment services which include individual, group, marital, and family therapy. Specialized services for children, adolescents, women, co-dependents, and elderly are also provided.

DRUG/ALCOHOL INTENSIVE OUTPATIENT SERVICES (ADULT) AND DRUG/ALCOHOL PARTIAL HOSPITALIZATION (ADULT):

More intensive treatment services which are less than inpatient care but more than traditional outpatient treatment services for clients with substance use issues.

IN-SCHOOL MENTAL HEALTH & DRUG/ALCOHOL TREATMENT SERVICES (CHILD AND ADOLESCENT):

School based treatment services, including individual and group therapy, are offered to children and adolescents in various school districts.

MEDICATION ASSISTED TREATMENT (CHILD, ADOLESCENT, ADULT):

Services provided by a medical professional to assist individuals within our mental health and/or substance use programs to obtain recommendations and medication (if needed) to help manage or alleviate various symptoms.

SUBOXONE (BUPRENORPHINE) SERVICES:

A specialized treatment program for individuals who are dependent on opiates, including heroin, pain medication, and other narcotics, by using buprenorphine and counseling services.

VIVITROL (NALTREXONE) SERVICES:

A specialized treatment program for individuals who are dependent on opiates or alcohol, by using naltrexone and counseling services.

GAMBLING ADDICTION SERVICES:

Certified Problem Gambling Counselors provide individual and group services to any individual or family member suffering from issues with gambling. Services are held on-site at the various treatment facilities.

FAMILY OVERDOSE SUPPORT GROUPS

Greensburg – 1st Wednesday of each month 5 pm – 6:30 pm

Monessen – 2nd Tuesday of each month 6 pm – 7:30 pm

Charleroi – 4th Tuesday of each month 6 pm – 7:30 pm



**BLENDED SERVICE COORDINATION
(BSC)**

BSC – Blended Service Coordination - If a child is experiencing more significant serious emotional disturbance(s) that interfere with his or her ability to function, and he or she needs to receive treatment from two or more mental health providers or publicly funded systems, (such as Education, Child Welfare or Juvenile Justice), a Blended Service Coordinator would assist the family and child in coordinating these services. A blended service coordinator will also serve as a link and advocate between multiple systems to ensure the child gets the services that he or she needs. A Blended Service Coordinator will meet with the family/child in the home, at school or in the community, as needed.
Intakes can be done at the office, over the phone, or in the home.
Agencies have up to 30 days to receive an evaluation.

<p><u>Allegheny Children's Initiative</u> 2304 Jane Street Pittsburgh, PA 15203 Phone: 412-390-3849 Fax: 412-431-3849</p>	<p><u>Chartiers MH/MR Center, Inc.</u> Michael Turk 437 Railroad Street Bridgeville, PA 15017 Phone: 412-221-3302 Ext. 197 Fax: 412-257-2008</p>
<p><u>Family Links</u> ASC SERVICES ONLY</p>	<p><u>Family Services of Western PA</u> Intake Department 414 Corbet Street Tarentum, PA 15084 Phone: 724-335-9883 F: 724-335-2730</p>
<p><u>HSAO, Inc.</u> Heather Boyd 2801 Custer Avenue Pittsburgh, PA 15227 Phone: 412-942-8793 Fax: 412-885-3900</p>	<p><u>Mercy Behavioral Health</u> Nancy Reed 1200 Reedsdale Street Pittsburgh, PA 15233 Phone: 412-320-2374 Fax: 412-320-2376</p>
<p><u>Milestone Centers, Inc.</u> Michelle Campbell 777 Penn Center Blvd., Suite 200 Pittsburgh, PA 15235 Phone: 412-243-3400 Fax: 412-244-4797</p>	<p><u>Mon Yough Community Services</u> C&A Intake Department 500 Walnut Street McKeesport, PA 15132 Phone: 412-675-8300 Fax: 412-675-8484</p>
<p><u>Pressley Ridge</u> Jeffrey Rader 2611 Stayton Street Pittsburgh, PA 15212 Phone: 412-992-5145 Fax: 412-442-2958</p>	<p><u>Staunton Clinic</u> Mark Oras TRANSITION AGE SERVICES ONLY Phone: 412-749-7770 Fax: 412-749-7765</p>
<p><u>Turtle Creek Valley MH/MR Program</u> Intake Department 723 Braddock Avenue Braddock, PA 15104 Phone: 412-351-0222 Ext.4475 Fax: 412-351-0695</p>	<p><u>Western Psychiatric Institute & Clinic</u> Ask for C&A Supervisor Champion Commons Building, Bldg. #2 5231 Penn Avenue, 2nd Floor Pittsburgh, PA 15224 Phone: 412-204-9001 F: 412-204-9133</p>



Co-occurring Disorders: Resources for Support

By Patrick Schneider, M.A.

Co-occurring disorders (dual diagnosis, dual disorder, co-morbid) are considered to be when an individual has a mental health illness and a substance abuse disorder. There is no set combination of disorders that must be together to be considered a co-occurring disorder. For example, a person can have a substance use disorder as well as anxiety while another individual may have a marijuana use disorder and be diagnosed with depression. Both of these individuals would be considered to have a co-occurring disorder, as well as any other combination of disorders.

The best form of treatment for an individual with a co-occurring disorder is one that is integrated, addressing both problems of mental health and substance abuse. Without treatment of both problems simultaneously, an individual may initially see improvement, but as one area worsens, the likelihood of that area impacting the other greatly increases.

Co-occurring Treatment Resources		
Western Psychiatric Institute and Clinic	Detoxification, inpatient, and outpatient programs for adolescents and adults.	http://www.upmc.com/Services/behavioral-health/addiction/Pages/services.aspx 1-877-624-4100
Wesley Spectrum	Outpatient and intensive outpatient services for adolescents and adults.	https://www.wesleyspectrum.org/behavioral-health/co-occurring-disorders/ 412-342-2270
Family Services of Western Pennsylvania	Outpatient and intensive outpatient services for adolescents and adults.	http://fswp.org/services/drug-alcohol-outpatient-and-intensive-outpatient-programs 888-222-4200
Family Links	Treatment options for individuals. Provides statistics and information on co-occurring disorders.	http://familylinks.org/index.php/co-occurring-disorders 866-583-6003
Greenbriar Treatment Centers	Inpatient and Halfway treatment licensed for dual diagnosis.	http://www.greenbriar.net/ 1-800-637-HOPE (4673)
New Freedom Recovery Center	Provide treatment and education to individuals and family members, including Adolescents.	http://newfreedomrecovery.org 724-382-4628 North Huntingdon, PA

Co-occurring Information/Education		
Institute for Research, Education & Training in Addictions	Provides a variety of different educational resources for different individuals: clients, counselors, organizations.	http://ireta.org/improve-practice/addiction-professionals/toolkits-for-practice/cooccurringdisordertoolkit/
National Institute on Drug Abuse	Provides a variety of information and statistics on co-occurring disorders.	https://www.drugabuse.gov/publications/drugfacts/comorbidity-addiction-other-mental-disorders
Substance Abuse and Mental Health Services Administration	Provides information regarding both mental health and substance abuse, including statistics and resources.	http://www.samhsa.gov/

Suicide Prevention Resources

Resolve	Provides 24/7 crisis support; mobile, telephone, walk-in.	http://www.upmc.com/Services/behavioral-health/Pages/resolve-crisis-network.aspx 1-888-7-YOU-CAN (1-888-796-8226)
National Suicide Prevention Lifeline	Provides 24/7 crisis support; telephone and online chat.	http://www.suicidepreventionlifeline.org/ 1-800-273-TALK (8255)
The Trevor Project	Provides 24/7 crisis support for LGBTQ youth 13-24; telephone, text, online chat.	http://www.thetrevorproject.org/ 866-488-7386
Ray of Hope	Provides 24/7 crisis support in Westmoreland County.	http://www.rayofhopewestmoreland.org/default.htm 1-800-836-6010

Autism Resources

Autism Center of Pittsburgh	Offers evaluations, social skills groups, parent support, Asperger's support, referrals to other providers	http://www.autismcenterofpittsburgh.com/ 1-855-HOPE360 (467-3360)
Autism Center at Children's Hospital of Pittsburgh	Provides evaluations, referral coordination and support, and treatment. Referrals must come from a physician.	http://www.chp.edu/our-services/autism 412-692-8404
National Autism Center	Provides educational information for families, educators, and practitioners.	http://www.nationalautismcenter.org/resources/ 877-313-3833
Autism Speaks	National organization providing research and support for families. Autism Response Team connects families with information, resources, and opportunities.	https://www.autismspeaks.org/ 888-288-4762

Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, and Asexual Resources

It Gets Better Project	National support project that offers support for youth and works to enact changes to make things better. Provides resources and information.	http://www.itgetsbetter.org/pages/about-it-gets-better-project/
GLBT National Help Center	Provides confidential and peer support and hotlines.	http://www.glbthotline.org/ 1-888-843-4564; Youth: 1-800-24PRIDE (67743)
Persad	Human services organization whose mission is to improve well-being of LGBTQ. Provides outreach, prevention, training, and counseling.	https://persadcenter.org/ 1-888-873-7723 Pittsburgh: 412-441-9786
Dreams of Hope	Organization which provides support for LGBTQ through the power of arts.	http://www.dreamsofhope.org/ 412-361-2065
Gay and Lesbian Community Center of Pittsburgh	Provides individuals and families with resources and opportunities to promote equality within the community.	http://www.glccppgh.org/ 412-422-0114

